

Session 12

Program Conclusion

We have concluded the SMART moves program. We hope we met our goal for you to learn a lot about yourself and have gained some self-confidence moving forward into your next school-year. Never forget that you are special in your own ways and it is important for you to always remember that even if you are different from other people your uniqueness is part of the reason why you are special. Also remember your “What I like about me” page. If you are ever feeling down or sad you can go back to that page and remember all the positive things that you have thought of about yourself throughout this program.

We would appreciate it if you completed each session of the program if you would also finish a post-test and parent/guardian survey and turn those into the Boys & Girls Club. Your participation in these activities will help us improve our program and help many other kids in the future.

Parent Survey - SMART Moves

1. How satisfied were you with the overall SMART Moves Program? (1 being unsatisfied and 5 being very satisfied)

(unsatisfied) 1 2 3 4 5 (very satisfied)

2. How likely would you be to recommend the SMART Moves program to another family and/or child)

(Unlikely) 1 2 3 4 5 (Very Likely)

3. What were some of the things you and/or your child enjoyed about the SMART Moves Program?

4. In what ways do you believe we could have improved the SMART Moves Program? If you answered negatively on questions 1 or 2, please explain here)
