

Session 3: We Are Special Respect Yourself and Others

Today you will learn of the similarities and differences we all have and reflect on how you can be a good friend. Today's Essential Questions: How are we Alike? How are we different? What makes a good friend? When answering today's essential question, it is best to do so with a partner. This could be a family member or a friend. Think of your partner and answer the following questions:

How are we Alike? _____

How are we Different? _____

What makes a good friend? _____

Session 3 Activity: Personal Friend Ad

This lesson again shows us that we are all special, even though we are alike and different in many ways. We can be good friends regardless of any differences. Everyone is special in his or her own way. For today's activity we are going to think about what makes a good friend. Here are some examples of what could make someone a good friend:

- *Someone that is kind to others
- *Someone who shares
- *Someone who takes turns
- *Someone who says nice things
- *Someone who is trustworthy
- *Someone who respects others
- *Someone who uses good manners

Now we would like for you to create your personal ad. For this ad you will write about the good qualities you have that would encourage someone to be your friend. Here is an example for you to learn from:

Shayna's Personal Ad:

I am a seven-year-old girl willing to be a good friend. I like to play soccer, listen to music and draw. I am a very trustworthy person, very loyal, kind and I love to laugh.

Use this page to write your personal ad

Session 3 wrap-up

Today you have learned that each of us have different qualities that can make us a good friend. Take some time to think about if there are ways that you can be an even better friend in the future. It is important to remember your personal ad as it shows ways that you are a good friend and a special person. Please take the time now to write a response for Session three on the “What I Like about me” page at the end of this binder. Remember, this can be something you like about yourself, something positive about yourself or any fact that makes you special!